



Sacred Heart

June 19

What is the Feast Day for Sacred Heart?

The Feast of the Sacred Heart of Jesus occurs 19 days after Pentecost. This feast honours the devotion to the love and compassion embodied in the heart of Christ towards humanity, a symbol profoundly connected with His suffering and ultimate sacrifice.

The devotion to the Sacred Heart has its roots in the Middle Ages but gained significant momentum following the experiences of Saint Margaret Mary Alacoque, a French nun in the 17th century. She reported visions of Jesus Christ urging her to spread the devotion to His Sacred Heart. Despite initial skepticism, her visions eventually gained endorsement from the church and had theological backing.

Pope Pius IX formally established the Feast of the Sacred Heart in 1856. Later, in 1899, Pope Leo XIII consecrated the world to the Sacred Heart of Jesus, emphasizing its universal significance to the Christian faith.

The devotion to the Sacred Heart centers on several themes, encapsulating love and compassion, reparation, and transformation. The heart represents Christ's deep and enduring love for all people, shown by His willingness to die for humanity's salvation. The aspect of reparation encourages the faithful to make amends for their sins and the sins of others, acknowledging and responding to the frequent neglect of Christ's sacrificial love. The transformative power of Christ's love calls believers to a deeper, more loving interaction with others, mirroring the compassion and mercy of Jesus.

The celebration of this feast includes various acts of piety such as Mass attendance, receiving Communion, participating in Holy Hours and Eucharistic adoration. Many devotees also partake in acts of reparation to express sorrow and make amends for the sins committed against the divine heart of Jesus.

Furthermore, it is customary for families to consecrate themselves to the Sacred Heart, often placing images of it in their homes as a reminder of Jesus's presence and His enduring love. This tradition not only personalizes the devotion but also integrates it into the daily lives of the faithful, fostering a spiritual environment centred around love and reparation.

The Feast of the Sacred Heart is also a heartfelt celebration of Jesus's boundless love, offering a moment of reflection and renewal with Christ. It beautifully encapsulates the core Christian values of love, sacrifice and redemption, inviting Christians to respond to Jesus's generous love with heartfelt devotion.

More information: Click [Here!](#)

[Sacred Heart Catholic High School](#)

[St. Elizabeth Seton Parish Website](#)



Quotes

"Do not let the past disturb you. Leave everything in the Sacred Heart of Jesus and begin again with joy."
- St. Teresa of Calcutta

"In the Heart of the Redeemer we adore God's love for humanity, His will for universal salvation, His infinite mercy."
-Pope Benedict XVI

"And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh."

- Ezekiel 36:26

Prayer

In the name of the Father, and of the Son and of the Holy Spirit;

Dear Lord,

On this Feast Day of the Sacred Heart, we lift up our students and the entire Catholic community to your loving embrace. May your Sacred Heart be a source of comfort, guidance, and inspiration for all.

Grant our students the wisdom to seek knowledge with integrity and compassion. Fill their hearts with the courage to stand up for justice and truth, and the grace to treat one another with kindness and respect.

Guide our Catholic community in fostering a spirit of unity and love. May we reflect your boundless mercy and compassion in our daily lives, serving as a beacon of hope and light to those around us.

Bless our hearts with your peace and fill us with the strength to carry your love into the world.
May we grow closer to you in faith and love each day.

We ask this in the name of your Sacred Heart, Jesus Christ.

Amen.





York Catholic District School Board



**FEAST DAY:
June 19**

**SCHOOL LOCATION:
Newmarket, ON**

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